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Preoperative Instructions for Implant, Sinus Elevation and Ridge Augmentation Surgeries

1. Antibiotic: Begin taking the prescribed antibiotic at the recommended dosage 24 hours prior to surgery. If you forget to take the antibiotic a loading dose of 4 tablets of the recommended antibiotic should be taken 1 to 2 hours prior to surgery with a small meal and plenty of water.
2. Anti-Inflammatory: 400 to 600 mg of ibuprofen (Advil, Motrin) should be taken 1 hour prior to surgery unless you have been instructed otherwise due to allergy or gastrointestinal problems.
3. Chlorhexidine Rinse: If a rinse has been prescribed (Peridex) begin using ½ ounce for 1 minute twice a day after breakfast and just before bed at least one day prior to your appointment.
4. Steroids: If prednisone (Medrol Dose-Pak) has been prescribed to control postoperative swelling begin taking the medication as directed, beginning 24 hours prior to surgery.
5. Sedation: If an oral sedative (Halcion or Versed) is to be administered please arrive 45 minutes prior to your appointment.

*** NOTE: PLEASE TAKE ALL MEDICATIONS WITH AT LEAST 8 OZ. OF ROOM TEMPERATURE WATER**