

Postoperative Instructions For Patients Receiving Oral Sedation

1. Patient cannot drive for 24 hours after sedation.
2. Patient should not operate any hazardous devices for 24 hours.
3. A responsible person should be with the patient until he/she has fully recovered from the effects of sedation.
4. Patient should not go up and down stairs unattended.
5. Patient should resume normal eating and drinking after the sedation appointment, unless otherwise instructed.
6. Patient needs to drink plenty of fluids postoperatively to prevent dehydration.
7. After leaving the office, patients should not be left alone. Patients may seem normal, but the effects of the medication may last for several hours after the appointment has ended.
8. Always hold the patient's arm when walking.
9. Call the office if you have any questions or difficulties. If you feel that your symptoms warrant a physician and you are unable to reach us, go to the nearest emergency room immediately.