

Additional Postoperative Instructions For Sinus Elevation Surgery

1. Take antibiotics as directed until completion
2. Intranasal spray, oxymetazoline (Afrin Sinus) should be used 3 times a day in both nostrils for the first 5 days to facilitate sinus ventilation.
3. If sinus congestion is not controlled with nasal spray, 30 mg of Sudafed may be taken every 8 hours. Please read the contraindications on the box.
4. No nose blowing
5. No smoking
6. No drinking through a straw
7. Sneeze with your mouth open for 7 days
8. Slight nasal bleeding may occur for 1-2 days
9. Please call with any questions or concerns; 212-581-4646 and ask to speak with Dr. Toffler or Dr. Toscano